

LG TEC Elite™ Quick Start Guide

Step 1: Take out all of the contents from the case and insert the battery.



Step 2: Connect both lead wires to the top of the unit.



Step 3: Connect the lead wires to the electrodes then apply to your body. For TENS mode, use all 4 electrodes in a diagonal pattern over the affected area. For EMS mode, use 2 electrodes over the affected area.



Step 4: Turn the Device “On” by pressing the silver round bottom on the front of the device.



Step 5: Press “M” to Select TENS or EMS. Use the “S” button to scroll through the options in your chosen mode. Press the ↓ arrow down button on either side to select stimulation type.

Continue pressing “S” until two “0”s are displayed at the bottom of the screen. To determine which waveform and program to choose, please consult your prescribing healthcare provider.



Step 6: Select the up arrow on the left until the electrodes connected to that lead wire are strong but comfortable. If using all 4 electrodes, repeat this step using the up arrow on the right side. The amplitude treatment range, or power, is 1-105mA.



Step 7: Enjoy the pain relief and muscle strengthening settings available with this product. For more specific information, please consult the user manual or your Healthcare Provider.

*This device comes standard with an auto-lock feature. When the device is locked a key symbol will appear. To unlock the device, simply press the down arrow key.